

Small Group Leaders' Guide | Additional Sermon Questions, October 16th 2016

The Movement of God's People | 40 Days and Elijah (1 Kings 19:1-21)

1. Looking back on your last few weeks, have you been isolating yourself (from friends, spouse, family) or have you been in community? How so?
2. How have you felt exhausted in your life? Can you identify the cause?
3. How has a focus on self *exaggerated* any loneliness or exhaustion you've felt in your life?
4. Where might be God directing you to rest in your life? When could you devote specific time to do this? (Mothers, how can your spouse/support play a role in this?) What does this rest look like?
5. How can you include others into your work/ministry? What obstacles to partnership do you need to overcome? Do you partner with God enough in your work?

Workplace Application:

6. Respecting co-workers' need to rest, partner, and hear from God can be a challenge when it comes to deadlines and goals in the office. How can these basic human needs be safeguarded in your work environment (still applies if you work from home or are full-time mother/care-giver)?

Study Guide Clarification:

Question 6: This question is aimed at the character of God revealed through these two very different encounters. What can be learned in comparison?