



WHO AM I FOLLOWing?



# SOUL TRAINING: COUNTING YOUR BLESSINGS

Below you will find three columns. Try to record at least one new blessing each day this week in the first column. During the week, also consider and record blessings you experience on a continuing basis (middle column) as well as events which did not originally appear to be a blessing (third column).

	NEW BLESSINGS TODAY	CONTINUED BLESSINGS	TRANSFORMED BLESSINGS
S	_____	_____	_____
M	_____	_____	_____
T	_____	_____	_____
W	_____	_____	_____
T	_____	_____	_____
F	_____	_____	_____
S	_____	_____	_____